



Applicant Name:

University:

Status:

1st Year

2nd Year

3rd Year

Academic Coordinator:

Academic Contact Number:

Student Contact Information

Phone Number:

Alternate Number:

Physical/permanent Address:

Email:

Anticipated Dates of Internship:

Other Information:



DeRosa Physical Therapy Internship Program

The physical therapists at DeRosa Physical Therapy strive to provide an optimal clinical education experience. We are committed to the highest quality of patient care and strive to create an environment that allows for continuous learning and professional development. This implies that all interns have this same commitment to ongoing learning and continuous improvement.

Although the physical therapy practice is primarily orthopedic and sports physical therapy, comprehensive cardiac conditioning and wellness, wound care, aquatic physical therapy, and specialized hand rehabilitation are essential and important elements of our practice. Orthopedic care includes outpatient, pre-surgical, and post surgical rehabilitation. State of the art exercise equipment is used extensively by the physical therapists at all clinical sites – the Summit Center, Summit Health & Fitness, and Cardiac Conditioning and Wellness Center at Mountain Heart.

Minimal expectations of students are as follows:

1. Adherence to the hours established for the Intern by the clinical instructor. These hours are typically between 35 and 50 hours per week.
2. Documentation for patients within the time period prescribed by the clinical instructor.
3. Greater than 95% patient satisfaction (based upon patient feedback) from patients seen by the Intern.
4. Adherence to all policies and procedures of the organization including appropriate and effective communication, professional attire, effective time management, and punctuality.
5. Understanding and adherence to the rules and regulations of the Arizona Practice Act for Physical Therapy.
6. Presentation of an oral in-service to the physical therapists in the organization on a topic to be determined by the clinical instructor and student.

DeRosa Physical Therapy reserves the right to terminate any internship experience at any time if actions, decisions, or behaviors of the intern are deemed unacceptable to the organization, breach the American Physical Therapy Code of Ethics, or are in violation of the Arizona Physical Therapy Practice Act.

Numerous inquiries are received by the practice for an internship experience but unfortunately not all requests can be accommodated. To assure an educational experience of the highest quality, the number of interns that we can accommodate is limited. In order to help us select the interns that are most closely matched to our educational environment, we require that each potential intern complete the information requested on the following page, in order to be considered for interview.

In recognition of the APTA's position on Physician Owned Physical Therapy practices, DeRosa Physical Therapy will affiliate only with institutional programs that have a clear non-POPTS policy. If the institution knowingly chooses to affiliate with *any* POPTS practice, then DeRosa Physical Therapy will not provide internship opportunities for that institution.



Acceptance into the internship program requires completion of 2 important steps:

Step 1 is the completion of the following sets of questions. These questions are to be completed *in a typed format* by the intern applying for a clinical education experience at DeRosa Physical Therapy and mailed or faxed directly to **DeRosa Physical Therapy, Internship Program, 1485 N. Turquoise Dr, Suite 220, Flagstaff, Arizona 86001; (928) 214-3277**. The 7 questions that all internship applicants must respond to are:

1. If this was the first day of your internship at DeRosa Physical Therapy, what would you list and describe as your 3 most important objectives?
2. Describe specific aspects of the didactic portion of your educational program that have enhanced your interest in Orthopedic Physical Therapy.
3. Describe what you believe to be your optimal way of learning in a clinical environment.
4. What is the relationship between impingement problems and shoulder instability?
5. Is it important to identify the anatomical source for spine pain?
6. You notice a pt is having increased PVC prevalence during treatment without symptoms of chest pain, at what time do you stop treatment? What can this turn into?
7. Pt walks into reporting that she is feeling faint, hot, weak, and generally not feeling great. What would be your first response? a: begin treatment carefully monitoring CV vitals. b: Immediately notify MD. c: Continue treatment as usual. d: Watch for further signs of any symptom progression. (Please discuss the rationale for your answer).

Step 2 is the completion of an interview with our physical therapist staff. Based upon your responses to the above questions, internship applicants will be selected for an interview. Please note that we must receive your responses regarding your objectives, and your responses to the above questions **at least 4 months** prior to the time that you would anticipate beginning your internship experience at our facility. We encourage you to send your responses even earlier if possible since internship slots are typically filled very early. Once our internship capacity has been reached, we cannot take any more applications for that year.

Finally, please list one faculty member and one physical therapist (with phone numbers) who could serve as a reference for you. Listing the reference name and phone number gives the clinical instructors at DeRosa Physical Therapy permission to contact these references.

1. _____

2. _____

***Thank you for your interest in having us work with you
In the next phase of your education!***